

2014 SPRING ICHO GAZETTE

International Curly Horse Organization

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SPRING GAZETTE

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EVENTS INSPECTIONS GOOD FOOD

AND GOOD FRIENDS!
Sincerely,
Joanie Henning



GAZETTE AD DEADLINE

We now have a new Gazette ad deadline schedule for submitting ads as follows:

WINTER: Dec 15 SPRING: Mar 15

SUMMER: June 15

FALL: Sept 15

Ads that are received after the deadline will be run in the next following issue. Payments must also be made before the deadline. All ads and payment must be sent to the office. Thanks!

ARTICLES- We are always looking for interesting articles for the Gazette. The article could be about training, health tips, an interesting story about a Curly or anything of interest horse related. Please send all articles to the office before the deadlines. Awaken the writer within you!



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ICHO now offers DNA testing for:

Ancestral only TX A&M	<i>\$25.00</i>
Parentage Only U of KY	\$30.00
Lp color TX A&M	\$35.00
ĈA- (Cerebellar Abiotrophy) Vet Gen	\$35.00
Visit the website for more info or co	ntact the office.

To obtain a mailed copy of the Gazette, there is now a \$10.00 yearly fee. You can always view the Gazette online for free on our webpage—http://ichocurlyhorses.org in the Members Only section and print a copy for yourself.

Gazette Ad Specials!

Stallion Station Ad-only \$10.00 per issue, \$40.00 for the year, color ad.

Business Card Ad-only \$10.00 per issue, \$40.00 for the year, color ad

All color Ads at Black and White Prices! All Gaz Color Ad fees reduced!!

Full Page Color \$40.00, 1/2 Pg Color \$20.00, 1/4 Pg Color \$10.00, Classified \$10.00

Submitting ads: *Pay for ads online on our webpage- http://ichocurlyhorses.org

<u>All ads must be copy ready</u> in word doc format or jpg, png. Since we have reduced our prices we need the ads in ready to print format. For photos png is preferred since it has the best resolution. We can no longer accept pdf format because it does not insert clearly for the Gazette editing process.

All Ads must be sent to the office with payment. Ads also appear on the ICHO webpage.

Thanks! office@curlyhorses.org

Gazette editor-Joan Henning



2015 ICHO CALENDAR

It is time to Offer the 2015 ICHO Calendar pages! Our theme this year is

"ALL THINGS CURLY!!"

Anything pertaining to our wonderful Curly Horses will apply!! Please be sure to submit a good quality photo. To pay for the page, go to: http://ichocurlyhorses.com/payment-pg2.html and the pay button is about 3/4 of the way down. Please let me know what month you prefer and I will get back to you on whether it is spoken for or available. Information on creating your page and deadlines can be found at http://ichocurlyhorses.com/calendar.html.



If you wish for me to create your page, I will do it for a small fee of \$10 (payable to Sheryl D'Uva, not ICHO) or email me for all your calendar needs at:

cozynookcurlys@gmail.com

Kids and Curlies!

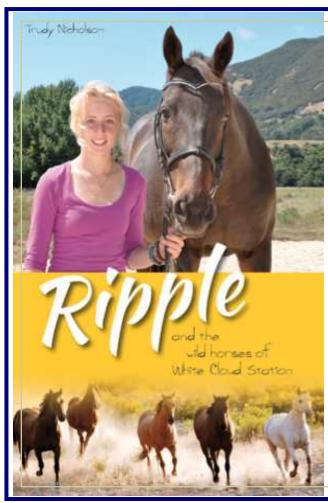
Little Emma is waiting patiently for her turn in the saddle (right)!





Below and left, is Kendahl D'Uva and "Angel", a 2014 filly, Curly x Gypsy Vanner.. "Just a little to the right please!"





New Book features a Hypoallergenic

Curly! Trudy of New Zealand had a Curly mare when grow ing up and it inspired her book Ripple. You can order a copy here- http://www.fishpond.co.nz/Books/Ripple-and-Wild-Horses-of-White-Cloud-Station-Trudy-Nicholson/9780143304586

or here-

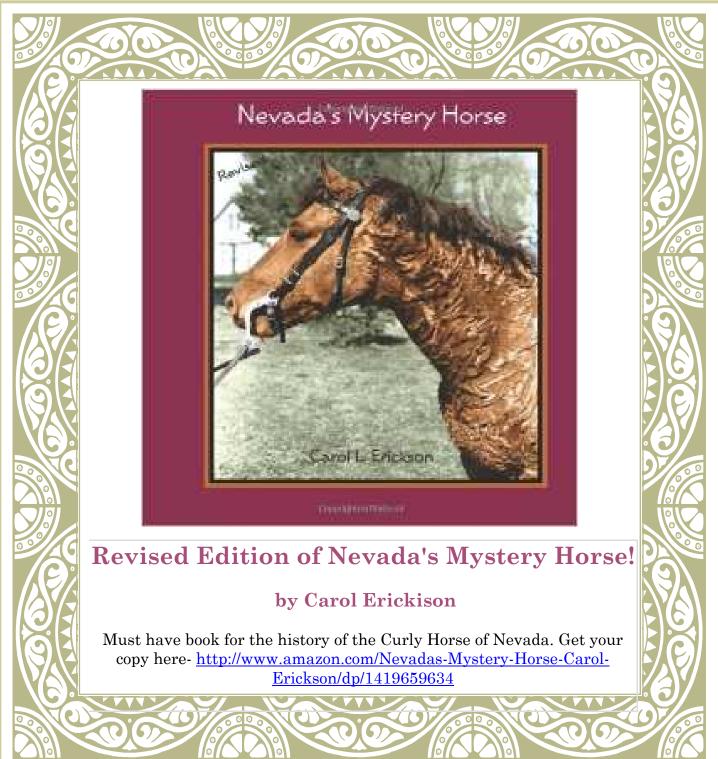
http://whitecloudstation.weebly.com/store/c1/Featured_Products.html

Facebook: https://www.facebook.com/pages/White-Cloud-Station/762088863816004

Trudy has written a whole series of horse books and one is about the Curly :) Check them out and order one today!











ICHO AWARD PROGRAMS

Spring is here and time to think about the fabulous Curly programs we have for ICHO members each year. Check out the show awards pagehttp://www.ichocurlyhorses.com/showawards.html

send in your forms after each show to qualify for year end awards. We also have scholarships for Juniors and Adults! Check out the details for Sunny Martin Scholarship and Andrea Schaap Adult Scholarship. For the Trail riding and Driving fans check out the Curlies in Action Awards- something for everyone!

http://www.ichocurlyhorses.com/ciaawards.html

We hope to see many participate this year. Show off your Curlies and win awards too!

Also for those ICHO members doing special events, breed events, equine affaire type venues, we have help for members to defray costs. Go to the members only area

For details, go to <u>ichocurlyhorses.org</u>!

Mongolian Curlies and the Gobi Gallop!

This past winter 2014, I had the pleasure to meet Julie Veloo, via internet, of the Veloo Foundation. The Veloo Foundation is a family-run grassroots organization that provides a community-based solution to urban poverty in ger districts in northwest Ulaan Baatar, Mongolia. The Veloo Foundation addresses poverty by providing a central kindergarten for 60 children, who would otherwise spend their days picking garbage with their families at one of the cities largest dump sites. The school provides a warm, safe, permanent community building, opportunities for children and their families. The Veloo Foundation is a registered Canadian Charity and a 501(c)3 charitable organization in the US, and 100% of all donated funds go directly to their projects.

One of the Veloo Foundation Fundraisers is the "Gobi Gallop!" This is a 700 km ride across Mongolia, a new route is picked each year, following large tracts of the wild, open Mongolian countryside. For the June 2014 ride, it began in the heart of Arkhangi Province in Western Mongolia, through 4 provinces, along one mountain range, hot springs, waterfall, one lake, and the ancient capital city of Mongolia, Khar Khorin! All matters of terrain are encountered, all in 10 days! See *Saddle Up* magazine, or google the Veloo Foundation for more write ups.

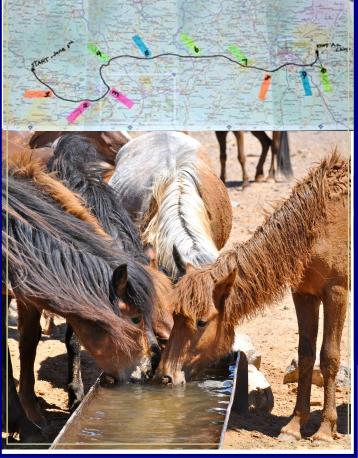
In addition to the Gobi Gallop program, Julie also shared what she believes are Curlies in Mongolia as well! Check out the pictures, what do you think?! Www.veloofoundation.com.





Permission obtained from Julie Veloo to publish photos and words from the Veloo Foundation archive. Thank you Julie!

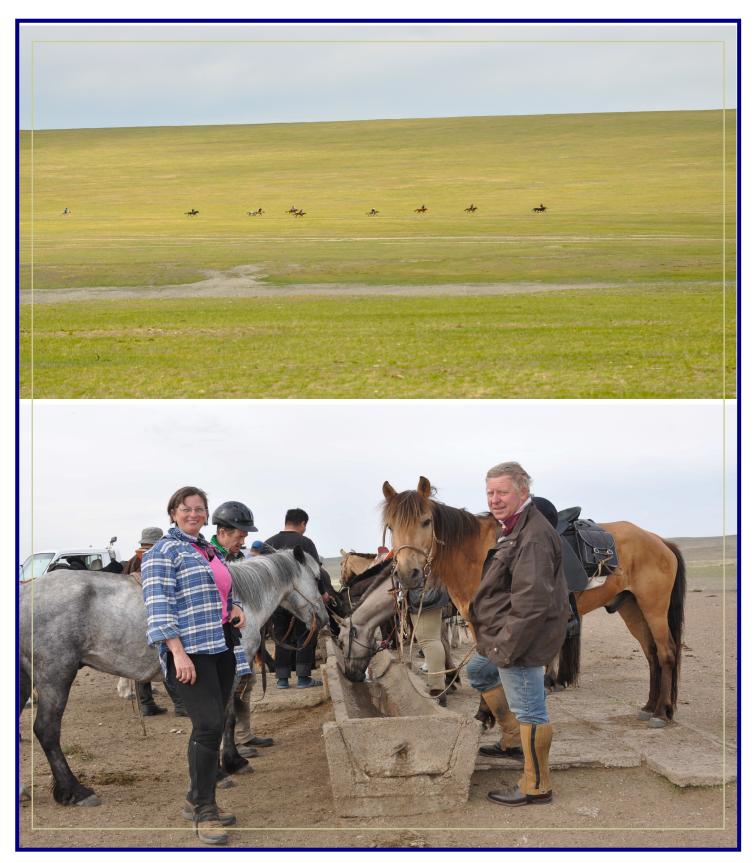






Above, from the Gobi Gallop, riders ready to gallop! Top Right, , the 2014 trail for the Gobi Gallop, and, Left, Mongolian horses at the waterer.

More photos of the Gobi Gallop, across the plains and flats of Mongolia. These photos are not necessarily Curly photos, but are of the Gobi Gallop ride and Mongolian plains horses, of which some Curlies have roamed on the previous pages.







On the Way to Wellness with Hip Replacement Surgery, Part I.

By Joanie Henning,, sharing a medical experience that gave me a new lease on riding! This is not giving medical advice or promoting a certain procedure. This is simply sharing my own personal journey to help me to continue to ride my Curlies.



Several summers ago, I can remember "tweeking" my back or hip sacroiliac joint, during a ride or simply through daily activities., A relatively common event for someone in midlife, or so I thought. My family Doctor would advise

physical therapy and anti-inflammatory's. In a short while, I was good as new and riding again. Lessons and shows, came and went. The nagging pain disturbances, raising it's annoying head, manifested itself here and there as well, and they started coming closer together and lasting longer. Years were slipping by. The "tweeks" were becoming more severe. I visited

chiropractors, massage therapists, I scowered vitamin aisles and health food stores, surely there was something for a quick fix, like glucosamine and chondroitin. I was a full time high school teacher, I often took my students outside on nature walks, I loved to power walk, especially after an invigorating summer of fitness. Perhaps I needed to be more fit and strengthen my core. All of these are likely a good healthy lifestyle.

But after several years, I was slowing down. I was starting to limp. I was starting to have poor posture. It was time to re-visit the family doctor with my concerns. By this time, there were shooting pains down my legs, and a serious achiness that wouldn't go away. Sleep was eluding me, mornings were treacherous. I had to emerge into a hot whirlpool bath in order to loosen up enough to begin my day. Even then, I had to push through difficult pain to get out of my vehicle after my 45 minute drive to work.

My next visit to my family doctor was to see an orthopedist. After x-rays and MRI, a slight herniated disk at L5-S1 showed (old injury), and to my astonishment, the doctor said I would need hip replacements. Surly, a bucket of ice water was poured over my head!

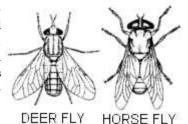


One of my beloved lesson students and myself, I recognize the pain in my face, as I try to hold myself up to teach riding lessons.

Upon examining xrays, it was obvious that hip replacements were inevitable, and needed immediately. We discussed the traditional full hip replacement procedure. I saw the prosthesis, I finally accepted the inevitable. I googled "hip replacement surgeries and horse riders" in the hopes that I would run into other riders in my position and find solutions. Surely there were riders after having hip replacements, right?! I had lived my whole life to ride. I was nearing retirement and could spend more time in the barn. I knew one thing, whatever surgery was going to happen, I WAS GOING TO CONTINUE TO RIDE.! I began my research. There were a lot of different hips out there! My google search took me to *Dressage Today*, July 2011. There, was a Grand Prix rider having double hip replacement surgery! She competed one year post surgery! I was elated with new found hope, I began to research the type of hip prosthesis she had, and found others along the way. I made phone calls and talked to riders with hip replacements. Then I found Birmingham Hip Resurfacing.....continued in Summer 2014 gazette.

by Lee Townsend, Extension Entomologist University of Kentucky College of Agriculture

Horse flies and deer flies are bloodsucking insects that can be serious pests of cattle, horses, and humans. Horse flies range in size from 3/4 to 1-1/4 inches long and usually have clear or solidly colored wings and brightly colored eyes. Deer flies, which commonly bite humans, are smaller with dark bands across the wings and colored eyes similar to those of horse flies. Attack by a few of these persistent flies can make outdoor work and recreation miserable. The numbers of flies and the intensity of their attack vary from year to year.



Numerous painful bites from large populations of these flies can reduce milk production from dairy and beef cattle and interfere with grazing of cattle and horses because animals under attack will bunch together. Animals may even injure themselves as they run to escape these flies. Blood loss can be significant. In a USDA Bulletin 1218, Webb and Wells estimated that horse flies would consume 1 cc of blood for their meal, and they calculated that 20 to 30 flies feeding for 6 hours would take 20 teaspoons. This would amount to one quart of blood in 10 days.

Female horse flies and deer flies are active during the day. These flies apparently are attracted to such things as movement, shiny surfaces, carbon dioxide, and warmth. Once on a host, they use their knife-like mouthparts to slice the skin and feed on the blood pool that is created. Bites can be very painful and there may be an allergic reaction to the salivary secretions released by the insects as they feed. The irritation and swelling from bites usually disappears in a day or so. However, secondary infections may occur when bites are scratched. General first aid-type skin creams may help to relieve the pain from bites. In rare instances, there may be allergic reactions involving hives and wheezing. Male flies feed on nectar and are of no consequence as animal pests.

Horse flies and deer flies are intermittent feeders. Their painful bites generally elicit a response from the victim so the fly is forced to move to another host. Consequently, they may be mechanical vectors of some animal and human diseases.

LIFE CYCLE

The larvae of horse fly and deer fly species develop in the mud along pond edges or stream banks, wetlands, or seepage areas. Some are aquatic and a few develop in relatively dry soil. Females lay batches of 25 to 1,000 eggs on vegetation that stand over water or wet sites. The larvae that hatch from these eggs fall to the ground and feed upon decaying organic matter or small organisms in the soil or water. The larvae, stage usually lasts from one to three years, depending on the species. Mature larvae crawl to drier areas to pupate and ultimately emerge as adults.

PROTECTING YOURSELF

Deer flies are usually active for specific periods of time during the summer. When outside, repellents such as Deet and Off (N-diethyl-meta-toluamide) can provide several hours of protection. Follow label instructions because some people can develop allergies with repeated use, look for age restrictions.

Permethrin-based repellents are for application to clothing only but typically provide a longer period of protection. Repellents can prevent flies from landing or cause them to leave before feeding but the factors that attract them (movement, carbon dioxide, etc.) are still present. These flies will continue to swarm around even after a treatment is applied.

Light colored clothing and protective mesh outdoor wear may be of some value in reducing annoyance from biting flies. In extreme cases, hats with mesh face and neck veils and neckerchiefs may add some protection.

PROTECTING ANIMALS

Horse flies and deer flies can be serious nuisances around swimming pools. They may be attracted by the shiny surface of the water or by movement of the swimmers. There are no effective recommendations to reduce this problem.

Permethrin-based sprays are labeled for application to livestock and horses. These insecticides are very irritating to the flies and cause them to leave almost immediately after landing. Often, the flies are not in contact with the insecticide long enough to be killed so they continue to be an annoyance. These flies will swarm persistently around animals and feed where the spray coverage was not complete (underbelly or legs) or where it has worn off. Repeated applications may be needed. Check the label about minimum retreatment intervals. Pyrethrin sprays also are effective but do not last as long as permethrin.

Horse flies and deer flies like sunny areas and usually will not enter barns or deep shade. If animals have access to protection during the day, they can escape the constant attack of these annoying pests. They can graze at night when the flies are not active.

CONTROL

It is difficult to impossible to locate and/or eliminate breeding site of horse flies and deer flies. They breed in environmentally sensitive wetlands so effects of drainage or insecticide application on non-target organisms or water supplies is a concern. Also, these insects are strong fliers that can move in from some distance away. Breeding sites may be very extensive or some distance away from where problems are occurring.

Fortunately, horse flies and deer flies are sporadic problems for specific times of the year. Some adaptation in behavior or use of repellents can allow enjoyment of the outdoors.



Insect Defense! Are you on your game?



In the Midwest, and likely everywhere, it has been a challenging insect control year. Please submit to me, <u>Jhenning joanie@yahoo.com</u>, your favorite insect control methods around your farm, on your horse, and even you! It may be your own favorite recipe for a fly spray, deterrents, turn outs, horse wear, insect traps, etc. I even saw a clever "human-converted-to-horse" insect wear item to protect the legs of your horse with simple items from your home. Send me your best insect defense, you and your horse's name or Ranch name, photos, instructions, recommended products, and suggestions. This collection will be in the Summer Gazette, I would like to feature a picture of your horses and you.





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